

	Fee	Materials
1. Yoga Foundations		
TriYoga Therapeutics: Sanskrit	\$220	\$30
Samkhya Yoga	\$240	
Triple Canon: Vedanta, Brahma Sutras, Bhagavad Gita	\$240	\$15
Yoga Sutras	\$240	
Ayurveda for Yoga Therapists	\$650	
Subtle Anatomy	\$100	

2. Biomedical & Psychological Foundations

Human Anatomy & Physiology	\$90	
Anatomy for Yoga Therapists	\$250	\$89
Anatomy Trains	\$425	
Yoga and Chronic Disease	\$180	
Yoga for Arthritis Level 1	\$595	\$40
Yoga in Cancer Treatment & Recovery Part 1	\$450	
Yoga and Back Pain	\$180	
Yoga and Chronic Pain	\$180	
Yoga in Substance Use Recovery	\$225	
Yoga and Parkinson's	\$595	\$19
Clinical Knowledge for the Yoga Therapist	\$215	
Healing Anxiety & Depression with Yoga	\$225	
Healing Trauma with Yoga	\$225	
Yoga and Brain Health	\$120	
Moving Through Loss, Yoga for Complicated Grief	\$108	
Comparative Models of Human Development and Health	\$150	
Mind/Body Integration - An experiential investigation	\$60	\$10

3. Yoga Therapy Tools and Therapeutic Skills

Yamas & Niyamas in Yoga Therapy	\$60
TriYoga Therapeutics: Asana	
Intro to TY Therapeutics	\$180
Wall Yoga	\$180
Chair Yoga	\$180
Supported Yogasana	\$90
Flows for neck, shoulders, elbows, wrists, and hands	\$90

Flows for hips, pelvis, knees, ankles, feet	\$90	
TriYoga Therapeutics: Prana Vidya	\$185	\$15
TriYoga Therapeutics: Mudra Vidya	\$108	\$45
TriYoga Therapeutics: Nāda Vidya	\$300	\$20
TriYoga Therapeutics: Food as Medicine	\$270	
Yoga Nidra	\$685	
Creating a Sankalpa	\$45	
Postural Assessment	\$90	
Clinical assessment tools and methodology	\$45	
Seeing Bodies Therapeutically	\$750	\$18
Principles of Therapeutic Relationship and Motivational Interviewing	\$525	

4. Practicum

Mentoring	\$300
Clinic	\$250
Group Yoga Therapy Class	\$100

5. Professional Practice

Professional Conduct as a Yoga Therapist: Establishing and Maintaining an Ethical Practice	\$225
The Business of Yoga Therapy	\$75
Strategies for Establishing Collaborative Professional Relationships	\$75
Personal and Professional Development, Cont ed (price is variable, quote price is 5 hours of continued mentoring)	\$75
Total Courses	\$10,936
Materials Cost (required courses)	\$286
Registration Fee	\$108
Total Program Cost (excluding early bird registration discounts) ¹³	\$11,330